

San Leandro High Schooler Inducted Into Alameda County Women's Hall Of Fame

Arooj Haq, 17, honored for her work with Girls Inc. empowerment program.

By [Tom Abate](#)

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San Leandro High School senior Arooj Haq, 17, has been named one of 11 new members of the Alameda County Women's Hall of Fame and was selected for the youth category.

The award announcement says Haq is active in the [Advocating Change Together Project](#) through [Girls Inc.](#), which goes to elementary schools to help children make healthy lifestyle choices.

Haq is said to be passionate about public health and advocating for human rights. She also promotes nutrition, smart choices and healthy relationships to her high school peers. The award notice says she helps run the school's annual blood drive.

The daughter of two Pakistani immigrants, Haq has long aspired to be a nurse. But a recent trip to the Middle East caused her to expand her aspirations, and her goal now is to one day open a charity helping women in her parents' native country.

The award brief says that as a young Muslim woman, Haq has experienced some negative stereotyping but that this has only bolstered her determination to be a positive role model and to redefine cultural assumptions.

Other inductees include include Terry Alderete of Newark for Business and Professions; Barbara Bernstein of Berkeley for Community Service; Mildred Howard of Berkeley for Culture and Art; Oral Brown of Oakland for Education; Connie Galambos Malloy of Oakland for the Environment; Pamela Arbuckle Alston of Oakland for Health; Jocelyn Larkin of Berkeley for Justice; Nicole Taylor of Oakland for Philanthropy; Dawn Shaughnessy of Livermore for Science; and Debby De Angelis of Hayward for Sports and Athletics.

These women will be honored at a luncheon at 12:30 p.m. on Saturday, March 31, 2012, at the Greek Orthodox Cathedral, 4700 Lincoln Avenue, Oakland.

For more information, go to www.acgov.org/cao/halloffame.